**Name/Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Year I will turn 100: \_\_\_\_\_

Year I will turn 90: \_\_\_\_\_

Year I will turn 80: \_\_\_\_\_

Year I turned or will turn 70: \_\_\_\_\_

Year I turned or will turn 60: \_\_\_\_

Year I turned or will turn 50: \_\_\_\_

Year I turned or will turn 40: \_\_\_\_

Year I turned or will turn 30: \_\_\_\_

Year I turned or will turn 20: \_\_\_\_

Year I turned 10: \_\_\_\_

Year I was born: \_\_\_\_

**Details of My Decades**

* Jump to the section for the current decade of your life and write as many details as you can to describe where you have been during this time.
* Then go back to the previous decade and write the details.
* Proceed back through time.
* Do you have gaps? Consider asking friends, family, others who might recall.
* Having a timeline of your life makes it easier to do the *My Life Story* (autobiography) that will help you get future jobs and roles.
* Save this file!

**Year I was born: \_\_\_\_\_\_\_ Year I turned 9: \_\_\_\_\_\_**

List of places I lived during those years:

Where I went to school (in-person and remote):

Clubs/groups I participated in:

Volunteering (groups or projects) I participated in:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 10 to 20 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 20 to 30 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 30 to 40 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 40 to 50 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 50 to 60 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 60 to 70 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 70 to 80 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 80 to 90 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself:

**From 90 to 100 (\_\_\_\_\_\_\_\_\_\_\_ to \_\_\_\_\_\_\_\_\_\_)**

List of places I lived during those years:

Where I went to school (in-person and remote):

What I studied:

Diplomas, credits, certificates I earned:

Clubs/groups I participated in:

Roles I held:

Volunteering (groups or projects) I participated in:

Jobs I had (these could have been paid, not paid, paid without a paycheck):

Company name(s), address(es), my job title(s):

Accomplishments I recall:

Other memories of things I experienced, liked doing, made me feel proud of myself: